

THE
Intenders
Handbook



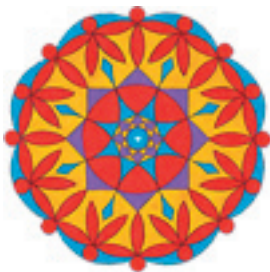
The Intenders
of the **Highest Good**

A Guide to
**The Intention Process &
The Conscious Community**

Tony Burroughs

THE INTENDERS OF THE HIGHEST GOOD

THE INTENDERS HANDBOOK



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The Intention Process
and
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Revised 2007 Edition

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The Intenders Handbook

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This book is dedicated to Mark, Tina, Betsy and you

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All of the information and personal accounts
herein are based on true events

The Intenders of the Highest Good

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SHARING YOUR DREAMS

Introduction

The Intenders of the Highest Good has always been a casual group. From the very beginning, we never made any rules or charged any dues. We didn't have a membership for people to join and there weren't any positions of leadership to fill. We came together in friendship, with an earnest desire to help each other. We wanted to be happy and to find a way to make our lives more fulfilled.

The old values and beliefs that we'd grown up with weren't working for us anymore. We were spending far too much of our time and energy spinning our wheels, doing things that brought us little or no lasting satisfaction.

The Intention Process and the Intenders Circles were created because we needed to learn a new way to manifest things. We wanted to do something that really worked.

***You can create a world
that always supports you***

The Mighty Manifesters

The purpose of this handbook is to help you make your life better. The Intenders of the Highest Good will show you how to make your dreams come true easily and with the least amount of effort. We've been practicing the ideas that are given in this handbook for several years and have found that the laws of manifestation work very efficiently for us when we do two simple things:

- 1. We say our intentions out loud everyday;**
- 2. We meet together with like-minded friends in an Intenders Circle once a week.**

This is all that needs to be done for us to start getting everything that we desire out of life. We must be willing to take a few moments away from our busy routines for these two important things (or something similar that may be called by another name) so that we can *consciously* turn our deepest desires into real-life experiences. Otherwise, we will remain unempowered and at the mercy of the ever changing world we live in.

To the men and women who can manifest whatever is needed in their lives, it doesn't matter how scarce things appear to be or what the newspapers and TV are saying. Self-empowered people simply observe the day-to-day challenges that are going on all around them, while manifesting a world of their own choosing - a world of peace and comfort. They live happily because that's what they've *intended* to do.

Reference Points

From the beginning of the Intenders, we have been guided by three reference points. A reference point for us is something that we know we can count on. The courageous mariners of old knew all about using points of reference. They would pick out certain stars, or a spot on the distant shoreline, and they would refer to these points when they wanted to know where they were and where they were going. Likewise, we Intenders also want to know where we are going in our lives.

Our three main points of reference are:

- 1. Our desires are in us to be fulfilled;**
- 2. Our thoughts create our world; and**
- 3. Our intentions must serve the highest and best good of the Universe, as well as the highest and best good of ourselves and others.**

We have practiced these principles in our daily lives and in our Weekly Intenders Circles over the past several years and we know that they consistently produce the results that we are seeking.

*“The Intenders are on the fast track! We don’t dwell on the dramas. We transmute them by going directly to the positive side of every issue and **intending** exactly how we desire things to come out.*

“We share our dreams, instead of our dramas.”

Philip Moore

Our Desires Are In Us To Be Fulfilled

We are here to live fully and freely. Our lives are to be enjoyed. We did not come to this beautiful, abundant Earth to suffer and go without all of the good things that life has to offer. Our desires are in us to be fulfilled - and they can be fulfilled with a minimum of effort by using the laws of direct manifestation.

The Intenders know that there is plenty of everything for everybody. There's an abundance of resources, enjoyable work to do, tools, toys, recreational opportunities, relationships, and so forth. It's time for all of us to stop creating scarcity and start learning how we can bring our dreams into physical reality.

The Intenders of the Highest Good use an easy and fun method that we call the Intention Process. By practicing it for a short time everyday, and by going to a Weekly Intenders Circle, you will be putting the laws of direct manifestation to work for you. And very soon, sometimes spontaneously, your desires will be fulfilled and your lifelong dreams will come true.

***Your desires come from that
which moves you forward***

“When I arrived at my first Intenders Circle, I was homeless. I’d been trying to find a way to scrape up enough money to rent a small place, but things just weren’t working out for me. I was getting desperate!

“My friends who took me to the Intenders Circle told me not to hold back. They said that, at an Intenders Circle, ‘the sky’s the limit,’ and that I should ask for my heart’s desire. I made an intention to find a place of my own where I would be very, very happy - and I asked that it come to me freely and easily.

“It wasn’t two days later and a lady who had been at the meeting called me and said she was going abroad for at least three years. She’d thought about selling her house, but it was such a lovely custom home, right down by the beach, that she couldn’t bring herself to part with it. Maybe she’d be back someday, but, in the meantime, would I be interested in caretaking it for free?”

Karen Reid

~ ~ ~

***What you are reaching toward
is also reaching out toward you***

Our Thoughts Create Our World

There are a lot of different ways to say it: our thoughts create our experiences; our thoughts create our reality; our thoughts create our future; our thoughts create our world. Any way you look at it, our thoughts are creating **everything!**

“We realized that we needed to make the best use of our thoughts. We needed to bring focus to our thoughts and give our lives a positive direction. That’s when we stumbled across the word ‘intention.’ Sally heard it in a dream and we looked it up later in the dictionary. It said that ‘intention’ was a ‘moving toward.’ So we realized we’d found a way to actually start moving toward something by thinking about it and intending it.”

Maribel Moore

Every thought that we think is getting ready to manifest. The more attention we give to it, the more it moves toward the surface of our experience. This is the way things work, and still, quite frequently, we unconsciously entertain conflicting thoughts. For example, we make our daily intentions early in the morning, and then, a couple of hours later, we’re allowing ourselves to dwell on all sorts of other thoughts that are

telling us that our intentions couldn't possibly come true.

Perhaps, early in the morning, we'll intend to get a musical instrument and intend to learn how to play it. Everything goes along fine and we're trusting in the Intention Process until sometime around noon when a persuasive voice comes into our head and says that we can't afford a musical instrument right now; or, we don't really have a good ear for music; or, we're getting too old to learn how to play an instrument, and so forth. The voice continues on and on, and the negative doubts and worries begin to interfere with the manifestation of our original, positive intention.

The Intenders of the Highest Good are steadily raising our level of consciousness by keeping a closer watch on all of our thoughts. We're learning to tame the negative thoughts and take our own power back. We're *choosing* which thoughts we desire to put our attention on by envisioning only positive outcomes and turning the undesired thoughts around in mid-air, before they gain momentum.

For many of us, the key to getting rid of these negative doubts and worries - and their accompanying undesired experiences - is to keep our lives full. We make our intentions early in the morning, and then we go about the rest of our day enjoying ourselves and doing the things that we like to do: baking goodies, surfing interesting sites on the net (**www.intenders.com**), pattering in the yard, playing music, etc. Then, if

an undesired thought comes in, we recognize it, bless it, send it back where it came from, and we go back to our baking, websurfing, gardening, or music-making - knowing, without a doubt, that our early morning's intention is on its way to us. We are light-hearted and divinely nonchalant, having as much fun as we can, while remaining open and ready to receive.

~ ~ ~

Pizza

Here is an excerpt from Chapter 10 of
THE INTENDERS OF THE HIGHEST GOOD

They all laughed, and Philip resumed the conversation.

“I’ll give you another example, Liz.

“Suppose you go into a pizza parlor and order your pizza at the counter. They give you a cold drink, point you toward a red-colored table, and tell you that your pizza will be ready in twenty minutes.

“You go sit down and wait. While you’re waiting, you do not ponder and worry about whether they’ll get the pizza right. You’ve ordered mushrooms, bell peppers and extra cheese. You don’t concern yourself with the possibility that maybe they’ll accidentally put on